



# 2021 My Best Year Yet

1. What are your learnings from COVID and 2020?

2. What would make 2021 your Best Year Yet?

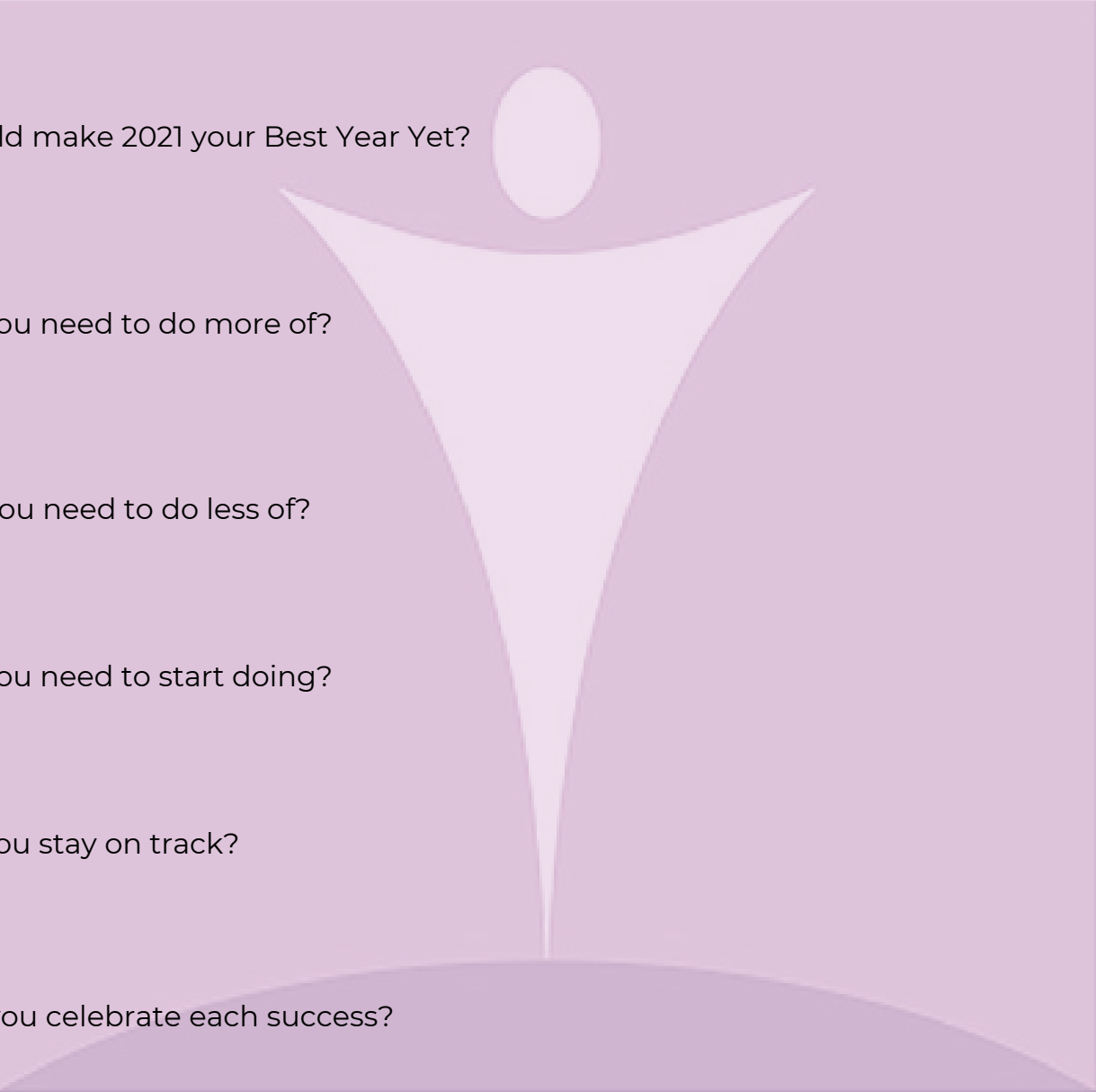
3. What do you need to do more of?

4. What do you need to do less of?

5. What do you need to start doing?

6. How will you stay on track?

7. How will you celebrate each success?



Remember:  
Practice makes progress.

To your  
Health, Happiness and  
Success

Tricia x



(c) Tricia Woolfrey